

# Chemotherapy induced cardiomyopathy after pregnancy

1<sup>st</sup> manifestation of cardiac toxicity 14 years after Hodgkin's disease



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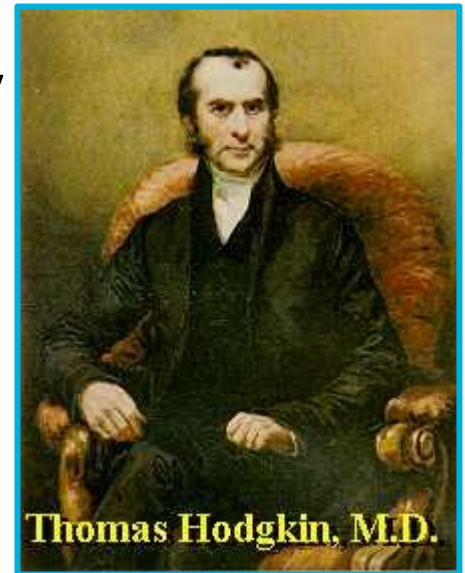
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# Hodgkin's disease

- First described 1832
- Clinical features
  - Bimodel age distribution: young adults & elderly
  - M>F
  - Lymfadenopathy

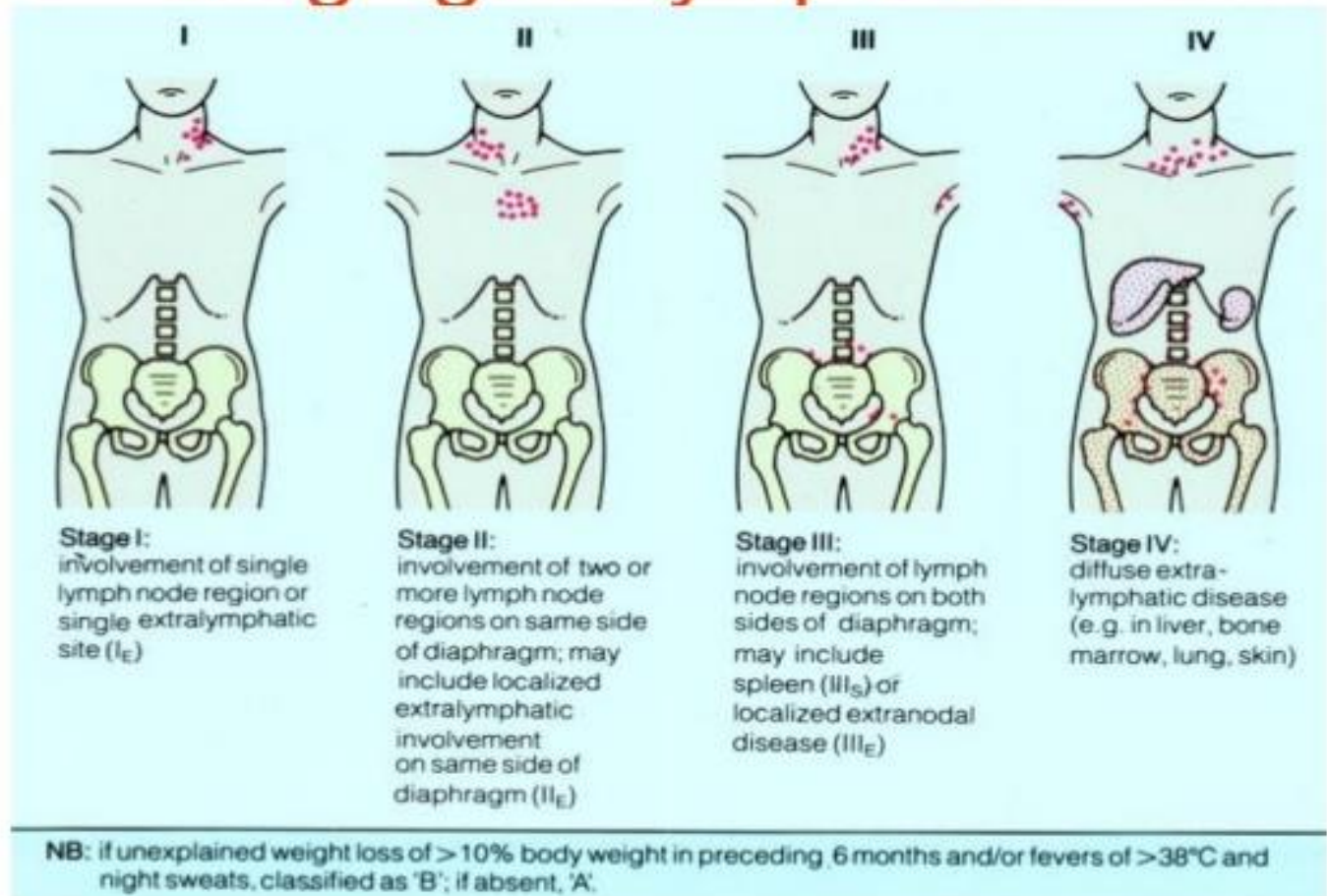




# Hodgkin's disease

- Treatment
- Complications
  - transi
  - chron
  - cardia

## Staging of Lymphoma





# American Heart Association

- class I recommendation:
  - regular LVEF monitoring for early diagnosis and treatment of anthracycline-based chemotherapy (AC) induced cardiomyopathy (AC-CMP).
  - limited data on surveillance patterns prior to, during and after pregnancy in patients with a history of Hodgkin's disease treated with AC

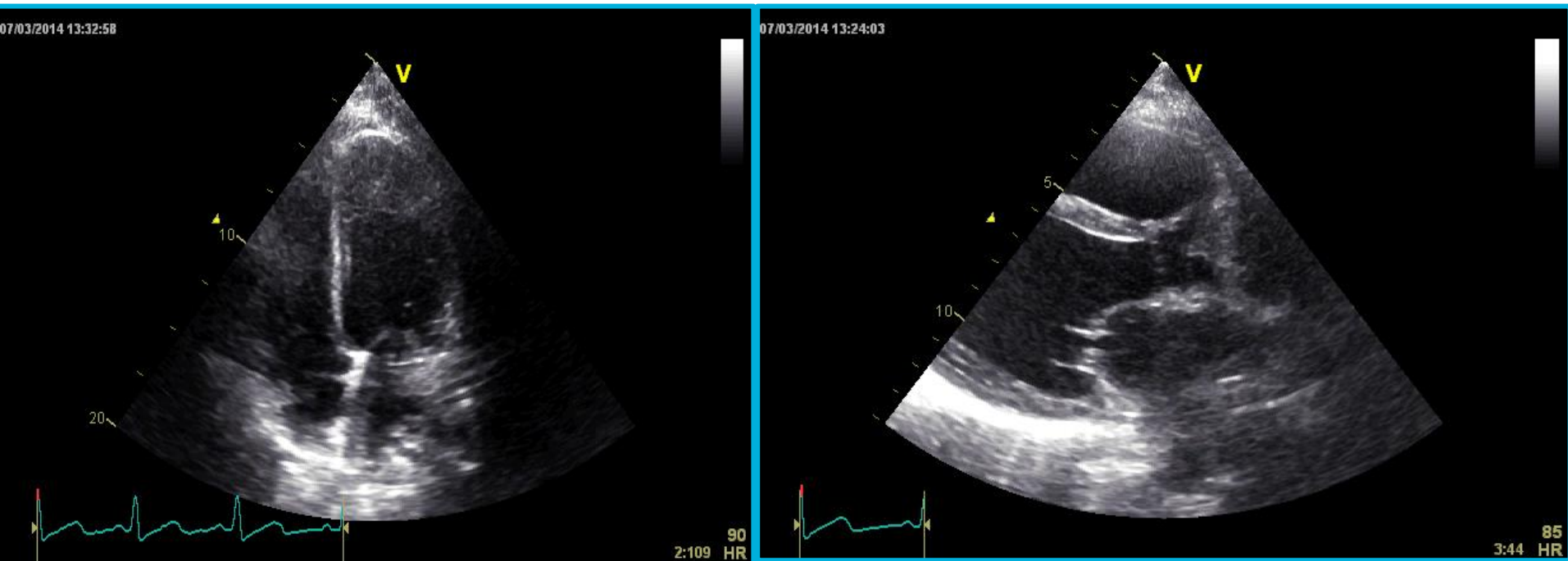


# Case (1)

- 33 years
- 2000: Hodgkin's disease
  - stage II-B: nodular sclerosis, lymphadenopathy; right supraclavicular + mediastinum
  - treatment: involved field radiotherapy + 4x ABVD
- 2014: delivery at 40 wks+4dys
  - a vacuum extraction due to labour dystocia, healthy boy



## Case (2): 2 days after delivery

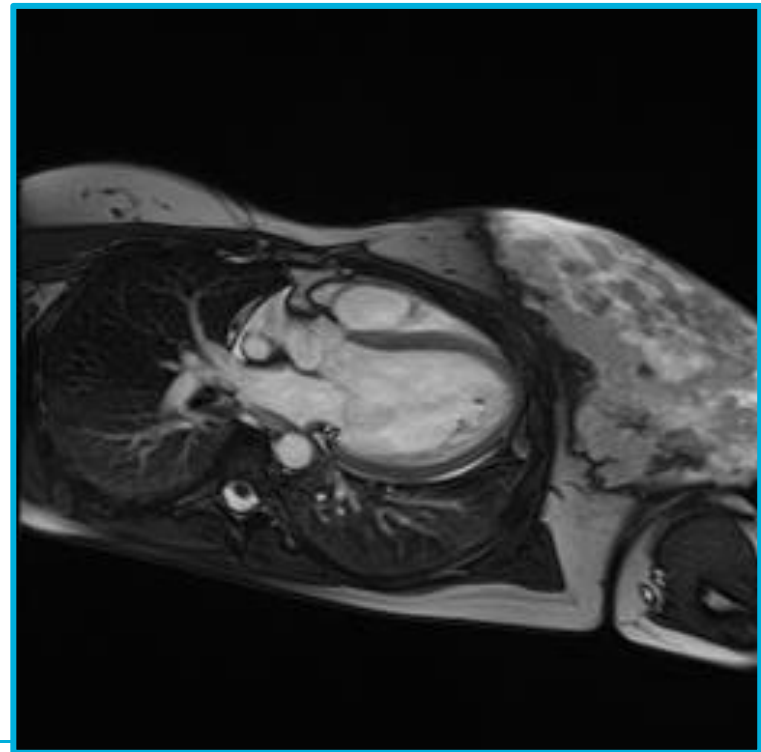
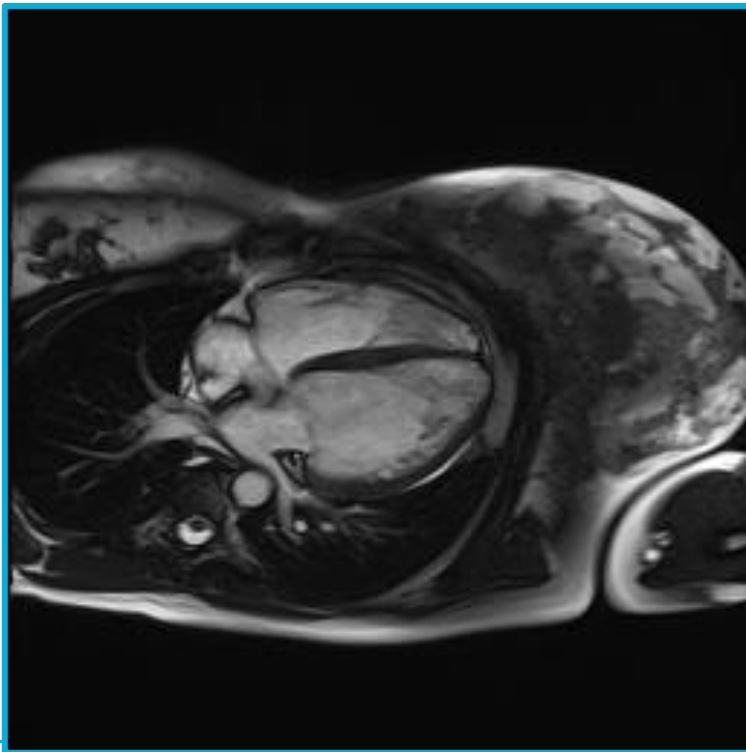






## Case (3)

- **Heart MRI:** a non-dilated, left ventricle with LVEF 43%.







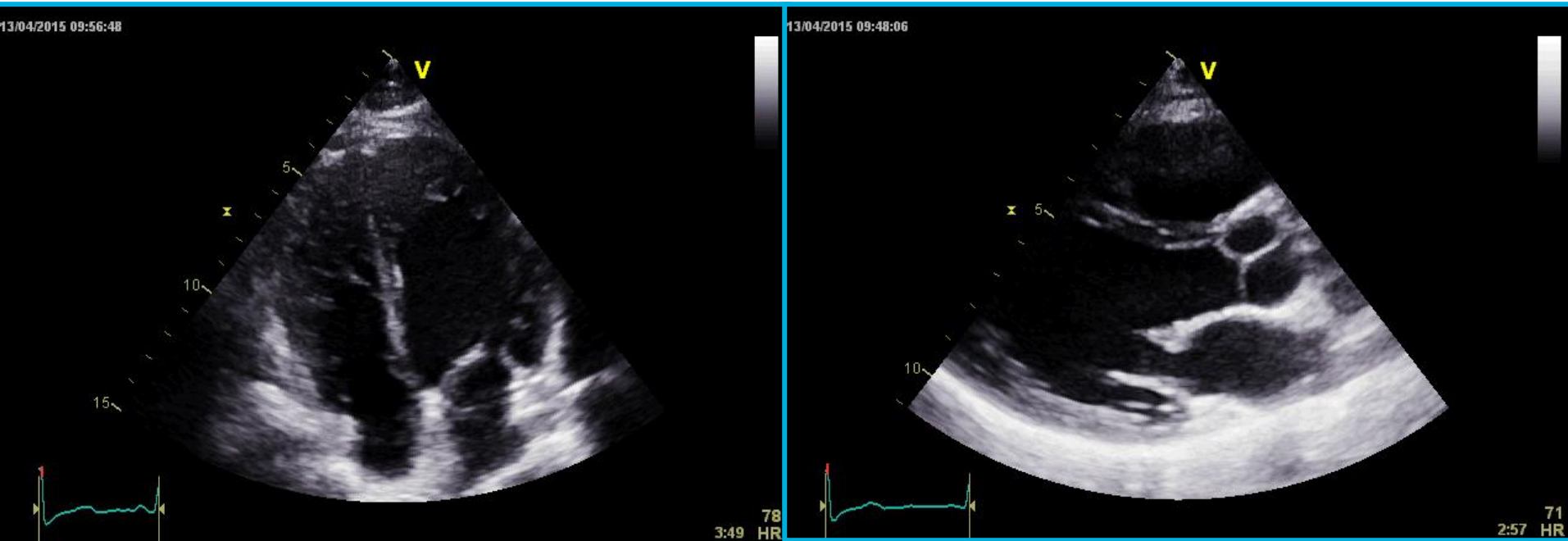
## Case (4)

- No known heart function prior to pregnancy.
- Oral history
  - cardiac symptoms (shortness of breath and limitation during ordinary activity) years before pregnancy.
- After discharge 3 months multidisciplinary heart revalidation



## Case (5): 1 year after delivery

- limitations during ordinary activity, impaired LVEF (45%)





# Conclusion

**Diagnosis:** AC-CMP with chronic heart failure, NYHA II.



# Recommendations

- All caretakers of women of reproductive age after oncology treatment with cardiotoxic chemotherapy, should be aware of this possible manifestation of AC-CMP.
- Specific multidisciplinary tertiary centered care and monitoring of these patients prior to, throughout pregnancy and thereafter is crucial in preventing morbidity and mortality.

